

Francis Family YMCA Try-A-Tri Triathlon

Hosted by Team Toledo Triathlon Club



Date: May 2, 2010 at the Francis Family YMCA

Time: 8:00 am, staggered start in the pool

Distances: 250 yard swim (10 lengths)

8 mile bike

3K run (1.9 miles)

Price: \$40.00 before April 9, 2010

\$45.00 after April 9, 2010

Pre-Registrations Only

Packet Pick up and Beginners Clinic Sat. May 1, 2010 12-1 pm



**TEAM TOLEDO
TRIATHLON CLUB**



**Francis Family YMCA &
Total Rehab**

Member of
PROMEDICA
HEALTH SYSTEM

2010 Francis Family YMCA Try-A-Tri Triathlon

Please register in person or mail forms and payment to

Francis Family YMCA

2000 W. Dean Rd. Temperance, MI 48182

734-850-9622

Name _____ Age _____

Address _____

Phone _____ Email _____

Shirt size: S M L XL XXL Is this your first Try-A-Tri? _____

Estimated time for 250 yard swim (10 lengths) _____

I have read and signed the consent form on the back of flyer _____